



My Learning Farm

Safety, Animal Welfare, and Professional Standards Commitment

A Commitment to Safe, Meaningful, and High-Quality Educational Experiences

At My Learning Farm, we believe children learn best when they feel safe, supported, respected, and connected. Whether students are participating in literacy instruction, mathematics intervention, homeschool enrichment, agricultural education, or farm experiences, our commitment is to provide a nurturing environment that promotes both learning and well-being.

This document outlines the safety practices, professional standards, animal welfare commitments, and educational principles that guide all My Learning Farm programs.

With gratitude,

🌻 🌻 Sara Mattia 🌻 🌻

Founder & Instructor



Safety Commitment at My Learning Farm

At My Learning Farm, your child's safety, well-being, and happiness are at the heart of everything we do.

Whether students are learning to read, exploring math concepts, caring for animals, planting seeds in the garden, or participating in one of our enrichment classes, we are committed to providing a safe, supportive, and nurturing environment where children can learn, grow, and thrive.

We believe children learn best when they feel secure, welcomed, respected, and encouraged to be themselves.

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Educational Purpose

My Learning Farm provides educational services and enrichment opportunities designed to support student growth, learning, and development.

Programs are intentionally designed to foster:

- Literacy and language development
- Reading and decoding abilities
- Written Expression
- Spelling and orthographic skills
- Mathematical thinking and problem-solving
- Agricultural and environmental education
- Social-emotional growth
- Executive functioning and independence
- Curiosity, creativity, and critical thinking



Learning experiences are aligned with age-appropriate educational goals and are intended to complement each student's educational journey from K-12.

Farm Safety

Farm experiences provide meaningful opportunities for hands-on learning, responsibility, and connection with nature. Student safety is carefully considered in every activity.

At My Learning Farm:

- Children are supervised throughout all farm activities.
- Students receive instruction on safe and respectful interactions with animals.
- Activities are designed to be age-appropriate and developmentally appropriate.
- Designated learning and activity spaces are used for instruction.
- Handwashing before and after animal interactions.
- Closed-toe shoes are required for all farm participants.
- Farm tools, equipment, and animal areas are accessed only under adult supervision and proper restraints.

Our goal is to help children build confidence while learning how to safely engage with animals, agriculture, and the natural world.



Animal Welfare and Care

The animals at My Learning Farm are valued members of our farm community and play an important role in many of our educational experiences.

The health, safety, and well-being of our animals are a top priority. All animals are cared for with respect and receive ongoing attention to support their physical and emotional well-being.

My Learning Farm is committed to responsible animal husbandry practices, including:

- Regular veterinary care and oversight
- Annual herd and flock health assessments
- Vaccinations and preventative health care as recommended by veterinary professionals
- Appropriate nutrition, housing, enrichment, and daily care
- Safe animal handling practices that prioritize both animal welfare and student safety
- Monitoring animal health, behavior, and overall well-being throughout the year

Animal husbandry knowledge and practices utilized at My Learning Farm have been developed through years of hands-on experience raising and caring for livestock and participation in agricultural and educational organizations, including:



- 4-H Youth Development Program
- National FFA Organization (Future Farmers of America)
- Alpaca Owners Association (AOA)
- California Alpaca Association (Calpaca)
- Placer County Farm Bureau

In addition, My Learning Farm maintains a commitment to lifelong learning through participation in agricultural workshops, conferences, training, and continuing education opportunities related to livestock care, animal welfare, farm safety, and industry best practices.

Students are taught age-appropriate animal care skills, respect for living creatures, and responsible stewardship of animals and the environment.

At My Learning Farm, we believe that caring for animals is both a privilege and a responsibility, and we are committed to maintaining the highest standards of care for the animals entrusted to us.

Learning Environment

Every child deserves a place where they feel valued and capable.

My Learning Farm is committed to creating a positive learning environment that promotes:

- Kindness and respect



- Curiosity and creativity
- Responsibility and independence
- Confidence and growth
- Positive relationships with peers and adults

We strive to meet students where they are and celebrate progress every step of the way.

Instructor Qualifications

My Learning Farm is owned and operated by Sara Mattia, an educational consultant, instructor, and advocate dedicated to supporting students and families.

Education, professional training, and experience include:

- Bachelor of Arts Degree, California State University, Chico
- Master's Degree in Journalism, Deakin University, Geelong, Australia
- Passed the California Basic Educational Skills Test (CBEST)
- Orton-Gillingham Structured Literacy Training
- Making Math Real® Training (500+ hours)
- Educational Assessment and Consultation Service Training
- Special Education Advocacy Coursework
- Homeschool Consultation and Curriculum Planning
- California Mandated Reporter Training



- Live Scan fingerprinted and approved vendor with participating charter school partners
- Ongoing professional development through continuing education and training opportunities
- Completion of Career Technical Education (CTE) continuing education units and professional development activities annually
- More than a decade of experience supporting children and families through educational and agricultural programs
- Twelve years of volunteer youth leadership through 4-H

My Learning Farm participates in vendor approval processes required by partnering charter schools and educational organizations and remains committed to lifelong learning, evidence-based instructional practices, and continuous professional growth.

Student Protection and Well-Being

At My Learning Farm, the safety and well-being of children extends beyond physical safety. We are committed to creating an environment where students feel respected, supported, and valued.

As part of this commitment, Sara Mattia has completed California Mandated Reporter Training and fulfills mandated reporting responsibilities in accordance with applicable California laws.



Mandated reporters play an important role in helping protect children from abuse and neglect. While maintaining professional relationships with students and families, My Learning Farm is committed to supporting the safety, welfare, and well-being of every child entrusted to our care.

My Learning Farm strives to provide a learning environment where children feel safe to learn, ask questions, take risks, make mistakes, and grow with confidence.

Emergency Preparedness

The safety of our students is always a priority.

Emergency contact information is maintained for all enrolled students, and reasonable precautions are taken to prepare for unexpected situations.

In the event of an illness, injury, or emergency, parents or guardians will be contacted as soon as possible. Emergency services will be contacted when necessary.

Incident Reporting



Should an accident, injury, or significant safety concern occur during a My Learning Farm program, the incident will be documented and communicated to the parent or guardian as soon as practical.

Documentation may include:

- Date and time of the incident
 - Description of the incident
 - Actions taken
 - Parent notification
 - Follow-up recommendations, if applicable
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Health and Wellness

Families play an important role in helping us maintain a healthy learning environment. We ask all families to complete emergency contact cards in order to participate in farm activities, events, classes and enrichment programs.

Please notify us of:

- Allergies
- Medical conditions
- Emergency medications
- Any important health considerations that may impact your child's participation



If your child is feeling unwell, we kindly ask that they remain home to rest and recover.

Student Privacy and Confidentiality

My Learning Farm respects the privacy of all students and families.

Student information, educational records, assessments, reports, and family communications are maintained confidentially and shared only:

- With parents or legal guardians
- As authorized by the family
- As required by law

Photos, videos, or student work will not be shared publicly without parent permission.

Background Checks

The safety of children is a top priority at My Learning Farm.

Sara Mattia and My Learning Farm maintain compliance with background screening requirements established by partnering charter schools and educational organizations.



My Learning Farm has completed Live Scan fingerprint background checks through partnering charter school programs and complies with vendor screening requirements as required by charter school partners and applicable regulations.

Families can feel confident knowing that student safety, professionalism, and accountability are important components of every My Learning Farm program.

Virtual Learning and Consultations

For online instruction, coaching sessions, and consultations:

- Secure online platforms are used.
 - Meeting links are shared only with registered participants.
 - Student privacy is respected.
 - Parents are welcome to participate when appropriate.
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Family Partnership and Communication

Open communication between families and educators is an important part of student success.

Parents are encouraged to:



- Share relevant educational and medical information
- Communicate concerns promptly
- Ask questions about programming and instruction
- Participate in their child's educational journey

We believe the strongest learning outcomes occur when families and educators work together as a team.

Commitment to Continuous Improvement

My Learning Farm is committed to ongoing growth, professional development, and continuous improvement.

As educational research, agricultural practices, safety standards, and best practices evolve, My Learning Farm strives to remain informed through continuing education, professional training, industry workshops, and collaboration with educational and agricultural organizations.

Through participation in educational and agricultural communities, including charter school partnerships, Dyslexia organizations, university-level training programs, continuing education, 4-H, FFA, the Alpaca Owners Association, Calpaca, Placer County Farm Bureau, and professional development opportunities, My Learning Farm remains committed to providing high-quality educational experiences grounded in safety, integrity, and lifelong learning.



We are honored by the trust families place in us and remain dedicated to creating meaningful opportunities for children to learn, grow, explore, and develop confidence in themselves and the world around them.

A Final Note


Creating a safe and successful learning experience is a partnership between My Learning Farm and the families we serve.

We are grateful for the trust you place in us and are committed to fostering a learning environment where children feel safe to explore, take risks, make mistakes, ask questions, and discover their unique strengths.

Thank you for allowing us to be part of your child's educational journey.

With gratitude,

Sara Mattia
Founder & Instructor
My Learning Farm

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 www.mylearningfarm.com



"Growing confident learners, one child at a time."